

Northampton Parks & Recreation

Adult Singles League

Monday, May 21 - Sunday, August 19, 2018

League Fees: \$22/player \$32 non-residents

Registration Deadline: Monday, May 14, 2017

On-Line Registration only: <http://northampton.tencaptennis.com>

New players will first need to click on “join the community” which is free. You will receive an email that you’ve successfully joined the community, then you will be able to register for the league.

League Jamboree: The Jamboree is for new league participants. It allows us to see new players play and helps us properly place them-by-ability in the league. New players should be prepared to play for an hour.

Jamboree Date: Saturday, May 12, 2018 2:00pm-4:00pm

Location: Aquatic & Family Center at JFK Middle School, Tennis Courts

Rainsite: Indoors at Maple Ridge Community Center, 659 Amherst Road, Sunderland



Other Available Services:

Private Lessons:

Mike Kolendo USPTA Elite Tennis Professional \$55 per hour

Racquet stringing, re-gripping, demos, racquet & shoe sales.

See Mike for details.

Call the Parks & Recreation Office at 587-1040 or email us at recreation@northamptonma.gov and we will get you in touch with Mike!



Northampton Parks & Recreation

100 A Bridge Road, Florence, MA 01062

413-587-1040

www.northamptonma.gov/recreation

Northampton Parks & Recreation

2018 Tennis Programs



Tennis is an individual or team sport and we offer something for everyone of all ages and abilities. We are committed to offering a variety of tennis programs to get you active and improve your game.



Northampton Parks & Recreation is an official Tennis Welcome Center member. We join more than 3,000 facilities across the country that offer opportunities to participate in affordable, introductory tennis programs.

Find out more about this program at www.northamptonma.gov/recreation

The City of Northampton supervises the six tennis courts at the Aquatic and Family Center at JFK Middle School. The courts are monitored by Parks & Recreation personnel and are open mid April through mid October.

Northampton Parks & Recreation is a proud & award winning member of the United States Tennis Association

Northampton Parks & Recreation - Adult Programs

Adult Group Lessons

Class Descriptions



Tennis Fundamentals

Introductory class that teaches the basic strokes, movement and strategy needed to begin to play the game. See *Welcome Center description, Sessions 2, 3, and 4 only.*

Round Robin Doubles

1.5 hours of pro supervised round robin play. Doubles is emphasized but some singles may be played. Players must be able to serve consistently and sustain a rally.

*Mondays: Open Level Night—Class is open to all levels of play.

**Wednesdays: All players must have a rating of at least 3.5.

***Results will be tracked on northampton.tencaptennis.com

Intermediate Tennis Drills

A Fast paced workout with lots of drills & games. Play situations, movement & patterns of play are incorporated. Players should be able to hit cooperatively with others and sustain a rally with both groundstrokes and volleys.

Schedule

Dates:	Session 1:	May 7 - May 31 (no class 5/28)
	Session 2:	June 4 - June 28
	Session 3:	July 2 - July 26 (no class 7/4, make-up 7/6)
	Session 4:	July 30 – August 23
	Session 5:	Aug. 27 – Sept. 20 (No class on 9/3)

Classes missed due to weather and holidays will be made up on the first available Friday

Days: Monday & Wednesday

Sessions 1:	6:30 - 8:00pm Round Robin Doubles
Sessions 2-4:	5:30 - 6:30pm Tennis Fundamentals
	6:30 - 8:00pm Round Robin Doubles
Session 5:	5:30 - 7:00pm Round Robin Doubles

Days: Tuesday & Thursday

Session 1:	6:00 - 7:30pm Intermediate Tennis Drills
Session 2 - 4:	5:30 - 7:00pm Intermediate Tennis Drills
Session 5:	5:00 - 6:30pm Intermediate Tennis Drills

Location: JFK Middle School

Fee: \$75, non residents add \$10

Drop In Fee: \$15 per class resident, \$18 per class non-resident



Northampton Parks & Recreation - Youth Programs



Quickstart 1 Tennis

For: Ages 5 - 7

Session 1: May 5 - June 16 Sat., 9:00-10:00am
(no class on 5/26)

Session 2: Sept. 8 - Sept. 29 Sat., 9:00-10:00am

Location: JFK Middle School

Cost: Session 1: \$75, non residents add \$10
Session 2: \$50, non residents add \$10

Quickstart 2 Tennis

For: Ages 8 - 10

Session 1: May 5 - June 16 Sat., 10:00-11:00am
(no class on 5/26)

Session 2: Sept. 8 - Sept. 29 Sat., 10:00-11:00am

Location: JFK Middle School

Cost: Session 1: \$75, non residents add \$10
Session 2: \$50, non residents add \$10

Quickstart Tennis uses the 10-and-under play format for learning the game of tennis. Like other sports, playing fields and equipment are modified to reflect the age and skill development of the player. We'll use smaller courts and low compression or foam balls to get kids to actually **play** tennis asap.

Make ups for Saturday classes due to weather and holidays will be held on the Saturday at the end of the session.



Junior Tennis Skills & Drills

For: Ages 8 - 14

Days: Monday - Friday 1 - 4:00pm

Dates: Session 1	June 25 - 29
Session 2	July 2 - 6 (no class 7/4)
Session 3	July 9 - 13
Session 4	July 16 - 20
Session 5	July 23 - 27
Session 6	July 30 - Aug. 3
Session 7	August 6 - 10
Session 8*	August 13 - 17

Location: JFK Middle School

Rain site: Bridge St. Elementary School

Fee: Session 1 & 3-9: \$100, non residents add \$10
Session 2: \$80, non residents add \$10

\$10 late fee if registering after 4:00pm on Friday of previous week.

*Gyms are not available for rain site for session 8. Pro-rated refunds will be given if a day is cancelled due to rain.

Hot Shot Tennis

For: Ages 10 - 14

Session 1: May 5 – June 9
(no class on 5/26)
Sat., 11:00am-12:30pm

Session 2: Sept. 8 - Sept. 29
Sat., 11:00am-12:30pm

Make ups will be held on the Saturday following the end of the session.

Location: JFK Middle School

Fee: Session 1: \$110, non residents add \$10
Session 2: \$75, non residents add \$10